

**TELANGANA TRIBAL WELFARE RESIDENTIAL  
DEGREE COLLEGE (GIRLS), DAMMAPETA**  
Bhadradri Kothagudem District, Telangana State 507306



**Affiliated to Kakatiya University, (Warangal, Telangana)**

**Website: <https://ttwrdds.ac.in/dammapeta>**

**WOMEN EMPOWERMENT CELL ACTIVITIES 2025-2026**

**1. Activity: INTERNATIONAL YOGA DAY CELEBRATIONS**

**Organized by: Women Empowerment Cell (WEC)**

**Institution: TGTWRDC (Girls), Dammapeta**

**Date: June 21<sup>st</sup>, 2025**

**2025 Theme: "Yoga for Self and Society"**

**1. Objective:**

To promote physical health, mental peace, and holistic well-being among girl students through the practice of Yoga.

**2. Event Highlights:**

\* Mass Yoga Session: The program began early in the morning with students and faculty performing various Asanas, Pranayama (breathing exercises), and Meditation.

\* Principal's Address: Principal Smt. V. Spandana spoke about how Yoga helps students improve concentration, reduce stress, and maintain a healthy lifestyle.

\* Demonstration: Trained student volunteers demonstrated specific Yoga poses that help in improving posture and flexibility.

\* Awareness: The WEC coordinators emphasized making Yoga a daily habit to balance the academic pressure and emotional well-being of the students.

**3. Conclusion:**

The event was a great success, with all students participating enthusiastically. The celebration concluded with a promise to practice Yoga regularly for a healthy mind and body.



## 2. Activity: ANTI-DRUG AWARENESS PROGRAM

**Organized by:** Women Empowerment Cell (WEC)

**Chief Guest:** Smt. Akila, Sub-Inspector of Police

**Institution:** TTWRDC (Girls), Dammapeta

**Date:** June 26<sup>th</sup>, 2025

### 1. Objective:

To observe International Day Against Drug Abuse and educate students about the legal and health consequences of drug addiction.

### 2. Key Highlights:

\* **Expert Presence:** The WEC invited SI Akila Madam to address the students. She was welcomed by Principal Smt. V. Spandana and the WEC team.

\* **Inspirational Speech:** SI Akila Madam delivered a powerful and inspirational speech. She warned students about how drug abuse ruins careers and families. She encouraged the girls to stay focused on their goals and be strong enough to say "No" to bad influences.

\* **Legal Awareness:** She explained the strict laws regarding drug peddling and the role of students in reporting suspicious activities to the police.

\* **Interactive Session:** Students interacted with the SI, asking questions about safety and how to help friends or family members stay away from addictions.

### 3. Conclusion:

The program was highly motivating. Students took a collective pledge to stay drug-free and work towards a healthy society. The WEC thanked SI Akila Madam for her valuable time and guidance.



### 3. Activity: WORLD PAPER BAG DAY

**Organized by:** Women Empowerment Cell (WEC)

**Institution:** TGTWRDC (Girls), Dammapeta

**Date:** July 12<sup>th</sup>, 2025

**Theme:** "Eliminate Plastic, Embrace Paper"

#### 1. Objective:

To create awareness about the harmful effects of plastic on the environment and to encourage the use of eco-friendly alternatives like paper bags.

#### 2. Key Highlights:

- \* Awareness Session: Principal Smt. V. Spandana spoke about the importance of sustainable living and the role of students in making the campus "Plastic-Free."
- \* Skill Development Workshop: As part of women's empowerment through skill-building, a hands-on workshop was conducted where students learned to make strong and creative bags using old newspapers and chart papers.
- \* Exhibition: Students displayed their handmade paper bags to demonstrate that eco-friendly choices can be both practical and stylish.
- \* Environmental Pledge: The WEC coordinators led a pledge where students promised to reduce plastic waste and promote the use of biodegradable materials in their daily lives.

#### 3. Conclusion:

The event successfully promoted environmental responsibility and provided students with a useful craft skill. The program concluded with a message to "Be the Change" for a greener planet.



#### 4. Activity: BIRTH ANNIVERSARY OF DURGABAI DESHMUKH

**Organized by:** Women Empowerment Cell (WEC)

**Institution:** TGTWRDC (Girls), Dammapeta

**Date:** July 15<sup>th</sup>, 2025

##### 1. Objective:

To honor the memory of Smt. Durgabai Deshmukh, the "Iron Lady of India," and to inspire tribal girl students with her legacy of social service and women's rights.

##### 2. Key Highlights:

\* **Tribute Ceremony:** The program began with Principal Smt. V. Spandana and WEC coordinators offering floral tributes to the portrait of Durgabai Deshmukh.

\* **Inspirational Talk:** Faculty members highlighted her role as a freedom fighter, lawyer, and the founder of Andhra Mahila Sabha. She was remembered as a pioneer who worked for the education and legal protection of women.

\* **Student Activity:** Students delivered short speeches on the topic: "Durgabai Deshmukh – A Role Model for Modern Women."

\* **WEC Message:** The cell encouraged students to follow her path of bravery and social responsibility to uplift their communities.

##### 3. Conclusion:

Celebrating the birth anniversary of Durgabai Deshmukh serves as a reminder of the power of dedication and social commitment. Her life inspires students and volunteers to actively participate in nation-building, social reform, and community welfare, keeping her vision of a just and educated society alive.



## 5. Activity: MEDICAL HEALTH CAMP AND EYE TESTING

**Organized by:** Women Empowerment Cell (WEC)

**Institution:** TGTWRDC (Girls), Dammapeta

**Date:** July 24th, 2025

### 1. Objective:

To monitor the overall physical health of students and conduct specific Eye Vision Tests to identify vision-related issues that might affect their academic performance.

### 2. Key Highlights:

- \* **Medical Screening:** A professional medical team conducted general health check-ups, focusing on nutritional deficiencies common among tribal girl students.
- \* **Eye Testing:** Specialized eye screening was performed for all students. Those with blurred vision or eye strain were identified and provided with prescriptions or further medical advice.
- \* **Principal's Guidance:** Principal Smt. V. Spandana encouraged students to follow a balanced diet and practice regular eye exercises, especially during long study hours.
- \* **Awareness:** Students were educated on maintaining hygiene to prevent seasonal eye infections and the importance of resting their eyes from digital screens.

### 3. Conclusion:

The camp was successful in providing essential healthcare at the doorstep. The WEC ensured that students with vision issues received immediate attention to support their learning journey.



## 6. Activity: STUDENT COUNCIL ELECTIONS

**Organized by:** College Administration in collaboration with WEC

**Institution:** TGTWRDC (G), Dammameta

**Date:**

### 1. Objective:

To promote leadership skills and democratic values among students by electing the College Student Council.

### 2. Key Highlights:

\* Nominations: Interested students filed nominations for various posts like College Captain, Vice-Captain, and Secretaries.

\* Campaigning: Candidates shared their vision and manifestos to improve college facilities and student welfare.

\* Election Day: Principal Smt. V. Spandana and WEC coordinators supervised the voting process to ensure it was fair and transparent.

\* Investiture Ceremony: The winners were honored with sashes and badges. They took an oath to perform their duties with integrity.

### 3. Conclusion:

The elections successfully identified young leaders. The WEC believes this process empowers girl students to handle responsibilities and represent their peers effectively.



## 7. Activity: INTERNATIONAL CHILD RIGHTS DAY

**Organized by:** Women Empowerment Cell (WEC)

**Institution:** TGTWRDC (Girls), Dammapeta

**Date:** November 20<sup>th</sup>, 2025

**Theme:** "For every child, every right"

### 1. Objective:

To raise awareness among students about the fundamental rights of children and the importance of protecting young girls from exploitation and discrimination.

### 2. Key Highlights:

\* Awareness Session: Principal Smt. V. Spandana delivered a speech on the significance of the UN Convention on the Rights of the Child, emphasizing the right to education, health, and protection.

\* Legal Literacy: WEC coordinators educated students about Indian laws like POCSO and the role of Childline (1098) in preventing child marriage and child labor in rural areas.

\* Student Activity: A "Rights Awareness" session was held where students discussed how they can act as protectors of child rights in their own villages and thandas.

\* The Pledge: Students took a collective oath to stand against child abuse and to promote a safe environment for every child.

### 3. Conclusion:

The program successfully sensitized the students about social justice for children. The event concluded with a resolve to ensure that no child's rights are violated in their communities.



### 8. Activity:

## INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

Organized by: Women Empowerment Cell (WEC)

Institution: TGTWRDC (Girls), Dammapeta

Date: November 25<sup>th</sup>, 2025

2025 Theme: "UNiTE to End Digital Violence against All Women and Girls"

### 1. Objective:

To raise awareness about the various forms of violence against women and to educate students on the legal protections and support systems available to them.

### 2. Key Highlights:

\* Awareness Session: Principal Smt. V. Spandana and WEC coordinators discussed the importance of breaking the silence against harassment and domestic violence.

\* Digital Safety Focus: Following the 2025 theme, a special session was held on Cyber Safety, teaching students how to protect themselves from online abuse, stalking, and identity theft.

\* Legal Literacy: Students were briefed on the SHE Teams initiative and the use of the 181 Women Helpline and 1930 Cyber Crime Helpline.

\* The Pledge: All participants took a solemn oath to promote a safe, respectful environment and to stand against gender-based violence in society.

### 3. Conclusion:

The program successfully empowered students with the courage and knowledge to safeguard their dignity. The event marked the start of the "16 Days of Activism" against gender-based violence.



## 9. Activity: REPORT ON SAVITRIBAI PHULE JAYANTI CELEBRATIONS

**Organized by: Women Empowerment Cell (WEC)**

**Institution: TGTWRDC (Girls), Dammapeta**

**Date: January 3<sup>rd</sup>, 2026**

### 1. Introduction

The Women Empowerment Cell (WEC) organized a grand celebration to mark the birth anniversary of Savitribai Phule, India's first female teacher and a pioneer of women's education. The event aimed to honor her legacy and inspire our tribal girl students to pursue their dreams through education.

### 2. Event Proceedings

The program began with a Tribute Ceremony, where the Principal, Smt. V. Spandana, and WEC coordinators offered floral tributes to the portrait of Savitribai Phule.

\* Principal's Address: In her speech, the Principal highlighted the extreme challenges Savitribai Phule faced while teaching girls in the 19th century. She emphasized that the education our students receive today is a result of Savitribai's sacrifices.

\* Student Activities: To make the event interactive, the WEC conducted:

\* Elocution: Students spoke about "The Role of Savitribai Phule in Modern Education."

\* Monologue/Skit: A few students dressed as Savitribai Phule and performed a short play depicting her courage and determination.

\* Awareness Session: The WEC coordinators discussed the importance of Gender Equality and urged students to use the facilities provided by the residential college to become self-reliant.

### 3. Key Message

The central theme of the celebration was "Education is the Great Liberator." The event reminded students that they have a responsibility to not only study well but also to uplift other girls in their native thandas and villages.

### 4. Conclusion

The celebration concluded with a Vote of Thanks and the National Anthem. The event successfully ignited a sense of pride and motivation among the students, reaffirming their commitment to their academic and person



**10. Activity: RANGOLI COMPETITION**  
**Organized by: Women Empowerment Cell (WEC)**  
**Institution: TGTWRDC (G), Dammameta**  
**Date: January 8<sup>th</sup> ,2026**  
**Theme: "Empowering Women through Art"**

**1. Objective:**

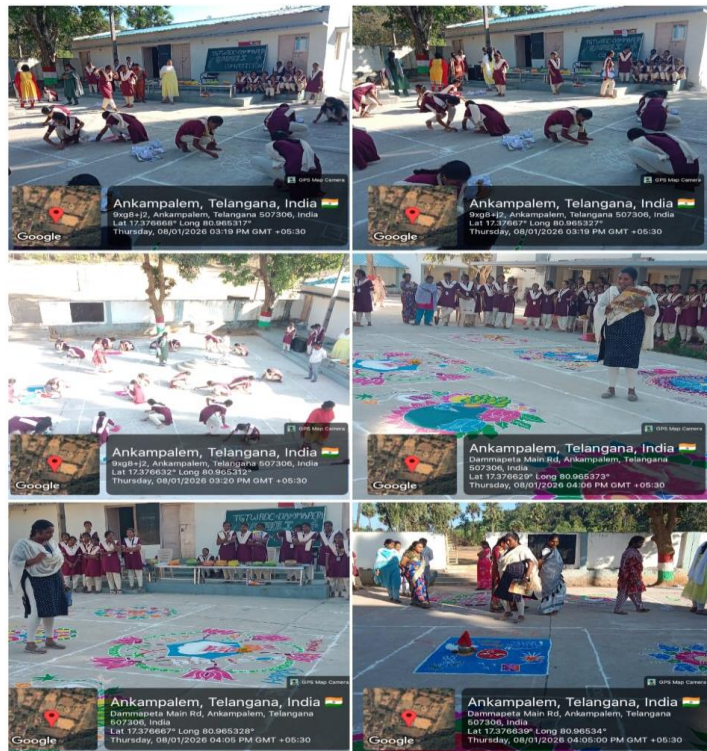
To encourage creativity and cultural expression among students while promoting awareness on social themes through art.

**2. Key Highlights:**

- \* Participation: Students from all departments participated enthusiastically, showcasing their talent using vibrant colors and innovative designs.
- \* Themes: The designs were based on powerful themes like "Beti Bachao Beti Padhao," "Women Safety," and "Green Campus."
- \* Judgement: Principal Smt. V. Spandana and faculty members acted as judges, evaluating the designs based on creativity, message, and neatness.
- \* Awards: Winners were appreciated and awarded prizes to boost their confidence and artistic spirit.

**3. Conclusion:**

The competition successfully transformed the college premises into a colorful gallery of social messages. The WEC believes such activities help in the overall personality development of the students.



## 11. Activity: ELANGANA SOCIAL JUSTICE DAY

**Organized by:** Women Empowerment Cell (WEC)

**Institution:** TGTWRDC (Girls), Dammapeta

**Date:** February 4<sup>th</sup>, 2026

### 1. Objective:

To celebrate the spirit of social equity and to educate students on the landmark decisions taken for the welfare of marginalized communities and women in Telangana.

### 2. Key Highlights:

\* Awareness Session: Principal Smt. V. Spandana spoke about the significance of February 4th as a day dedicated to social justice, focusing on equal rights for all sections of society.

\* Empowerment Talk: WEC coordinators highlighted the role of education in achieving social justice, particularly for tribal and rural girl students.

\* Theme Discussion: The program centered on "Equality in Opportunity," where students discussed the importance of government schemes designed for the upliftment of women and students from marginalized backgrounds.

\* Student Participation: Students shared their views on how social justice leads to a stronger and more inclusive Telangana.

### 3. Conclusion:

The event successfully reminded students of their constitutional rights and the power of social inclusion. The program concluded with a collective pledge to promote harmony and equality in their communities.



## 12. Activity: INTERNATIONAL WOMEN'S DAY CELEBRATIONS

Organized by: Women Empowerment Cell (WEC)

Institution: TGTWRDC (Girls), Dammapeta

Date: March 8, 2026

2026 Theme: "Accelerate Progress: Invest in Women"

### 1. Objective:

To celebrate the achievements of women and inspire students to become leaders through education and creative activism.

### 2. Event Highlights:

\* Tribute: Principal Smt. V. Spandana and WEC members opened the event by offering floral tributes to iconic Indian women leaders.

\* Felicitation Ceremony: A special honor was given to the woman non-teaching staff (kitchen, office, and cleaning staff). They were presented with shawls and mementos in recognition of their selfless service.

\* Cultural Performances (Student Activists):

\* Skit: Students performed a powerful play on "Breaking Social Barriers," highlighting the importance of girl child education.

\* Dance: A vibrant cultural dance was performed, symbolizing the strength and unity of women.

\* Principal's Message: The Principal urged students to use their talents and education to gain financial independence and social respect.

### 3. Conclusion:

The program was a grand success, blending serious awareness with joyful celebration. The students took a pledge to support each other and strive for a better future.



### **13. Activity: SAVITRIBAI PHULE VARDHANTHI**

**Organized by: Women Empowerment Cell (WEC)**

**Institution: TGTWRDC (Girls), Dammapeta**

**Date: March 10th**

#### **1. Objective:**

To observe the death anniversary (Vardhanthi) of Savitribai Phule and to remember her immense sacrifices as India's first female teacher and a champion for women's rights.

#### **2. Key Highlights:**

\* **Tribute Ceremony:** The program began with a solemn floral tribute to the portrait of Savitribai Phule by Principal Smt. V. Spandana and WEC coordinators.

\* **Commemorative Talk:** Faculty members delivered speeches on her life's struggles, emphasizing how she faced severe social opposition to ensure that women from all backgrounds could receive an education.

\* **Student Reflection:** Students shared short stories and poems about her legacy, acknowledging that their current education is a direct result of the path she paved.

\* **WEC Message:** The cell encouraged students to honor her memory by excelling in their studies and becoming agents of social change in their respective villages.

#### **3. Conclusion:**

The event concluded with a pledge to uphold the values of equality and justice that Savitribai Phule stood for. The program inspired students to stay determined despite challenges.



#### **14. Activity: HEALTH AND HYGIENE AWARENESS PROGRAM**

**Organized by: Women Empowerment Cell (WEC)**

**Institution: TGTWRDC (Girls), Dammapeta**

**Date: March 29<sup>th</sup>, 2026**

##### **1. Objective:**

**To educate students on the importance of personal hygiene, nutritional health, and menstrual wellness to ensure their physical and mental well-being.**

##### **2. Key Highlights:**

- \* Awareness Session: WEC coordinator M. Uma addressed the students about the direct link between cleanliness and academic performance.
- \* Expert Advice: Health Supervisor provided practical tips on menstrual hygiene management, the importance of regular handwashing, and maintaining a clean hostel environment.
- \* Nutrition Focus: A special discussion was held on eating a balanced diet rich in iron and vitamins to prevent common issues like anemia among tribal girl students.
- \* Interactive Demo: A small demonstration was conducted on proper waste disposal and the use of sanitary napkins to promote a germ-free surroundings.

##### **3. Conclusion:**

The program successfully sensitized the students to take ownership of their health. The event concluded with the distribution of basic hygiene kits and a promise by students to maintain a healthy lifestyle.



## 15. Activity: GENERAL HEALTH CHECK-UP CAMP

**Organized by:** Women Empowerment Cell (WEC)

**Institution:** TGTWRDC (Girls), Dammapeta

**Medical Partner:** [ PHC Patwarigudem ]

**Date:** April 22<sup>nd</sup> 2026

### 1. Objective:

To monitor the physical health of students, provide early diagnosis for common illnesses, and ensure the overall well-being of the girl students in the residential setup.

### 2. Key Highlights:

\* **General Screening:** A professional medical team conducted comprehensive health screenings for all students, including measuring Height, Weight, and Blood Pressure.

\* **Clinical Consultation:** Students had one-on-one consultations with a female doctor to discuss specific health concerns such as seasonal fevers, skin allergies, and digestive issues.

\* **Nutritional Assessment:** The doctors focused on identifying signs of malnutrition and provided guidance on the intake of local, nutrient-rich foods available in the hostel.

\* **Medicine Distribution:** Basic essential medicines and multivitamins were provided to students based on the doctor's prescriptions.

### 3. Conclusion:

The camp provided a detailed health overview of the student body. The WEC successfully identified students requiring further medical attention and reaffirmed its commitment to maintaining a healthy campus environment.





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**WOMEN EMPOWERMENT CELL ACTIVITIES 2024-2025**

**1. Activity: HEALTH CAMP AND BLOOD SCREENING PROGRAM**

**Organized by: Women Empowerment Cell (WEC)**

**Venue: College Campus, TGTWRDC (Girls), Dammapeta**

**Date: 26, October 2024**

**1. Introduction**

The Women Empowerment Cell (WEC) of TTWRDC (G) Dammapeta organized a specialized Medical Health Camp for all students. To ensure professional medical standards, the cell invited the medical experts from the Gummadivalli Primary Health Centre (PHC) to conduct health screenings and awareness sessions.

**2. Inauguration & Welcome**

The program commenced with a formal welcome. Principal Smt. V. Spandana and the WEC coordinators extended a warm welcome to the Doctor and Medical Staff from Gummadivalli PHC. The Principal emphasized that a student's academic performance is directly linked to her physical health.

**3. Key Activities**

\* Doctor's Awareness Talk: The Doctor from Gummadivalli PHC delivered an insightful lecture on Anemia (Iron Deficiency). They explained how low hemoglobin levels cause tiredness and lack of concentration, which are common issues among rural and tribal girl students.

\* Blood Testing Session: Under the supervision of the PHC medical team, blood samples were collected from students to check:

\* Hemoglobin (Hb) Levels: To identify anemic students.

\* Blood Grouping: To maintain a permanent health record for each student.

\* Medical Consultation: Following the tests, the doctor provided one-on-one consultations, addressing various health concerns including menstrual hygiene, skin health, and seasonal illnesses.

**4. Treatment and Support**

Based on the test results, the Gummadivalli PHC team provided essential supplements, such as Iron and Folic Acid tablets, to students with low Hb levels. They also suggested a diet plan using locally available foods like groundnuts, jaggery, and leafy vegetables.

**5. Conclusion**

The event was a huge success, students are benefiting from the camp. The WEC expressed heartfelt gratitude to the Gummadivalli PHC medical team for their dedicated service and for bringing essential healthcare directly to the college campus.



## 2. Activity : CANCER AWARENESS PROGRAM

**Organized by:** Women Empowerment Cell (WEC)

**College:** TGTWRDC (G), Dammappeta

**Date:** 07. November 2024

### 1. Brief Description:

The Women Empowerment Cell (WEC) organized an awareness program on Cancer to educate students about early detection and prevention. The main focus was on creating awareness about Breast Cancer and Cervical Cancer, which are common among women.

### 2. Key Highlights:

- \* Inauguration: Vice Principal Madam started the program by explaining why health awareness is important for girl students.
- \* Awareness Session: Students were taught about the early symptoms of cancer and the importance of a healthy lifestyle (nutritious food and exercise).
- \* Self-Care: A simple guide on "Self-Examination" was provided to help students identify health issues at an early stage.

### 3. Conclusion:

The program was very helpful. Students learned that cancer is treatable if detected early. They pledged to share this knowledge with their families in their villages.



### 3. Activity: National Education Day (Importance of Women's Education)

**Organized by:** Women Empowerment Cell (WEC)

**Venue:** TGTWRDC G DAMMAPETA

**Date:** 11.11.2024

#### 1. Objective:

To celebrate the birth anniversary of Maulana Abul Kalam Azad, India's first Education Minister, and to highlight the importance of education for girl students.

#### 2. Key Highlights:

- \* Tribute: The program started with offering floral tributes to Maulana Abul Kalam Azad's portrait.
- \* Principal's Message: Principal Smt. V. Spandana spoke about how education is the most powerful weapon to change the world and urged students to focus on their career goals.
- \* Student Activity: Students participated in a short Speech Competition on the topic: "The Power of Education in Women's Lives."
- \* Discussion: WEC coordinators discussed new learning tools and the importance of digital literacy in today's world.

#### 3. Conclusion:

The event inspired students to value their education and work hard to become independent. The program ended with the National Anthem.



#### **4. Activity: INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN**

**Organized by: Women Empowerment Cell (WEC)**

**Institution: TGTWRDC (G), Dammapeta**

**Date: November 25th**

##### **1. About the Program:**

The Women Empowerment Cell (WEC) organized an awareness program to mark the International Day for the Elimination of Violence against Women. The goal was to educate students about their safety, legal rights, and the importance of speaking up against any form of abuse.

##### **2. Key Highlights:**

- \* Awareness Talk: Principal Smt. V. Spandana spoke about domestic violence, harassment, and the role of SHE Teams in protecting women.
- \* Digital Safety: A special session was held on Cyber Safety to protect students from online harassment and social media crimes.
- \* Student Activity: Students participated in a Slogan Writing activity to promote a "Violence-Free Society."
- \* The Pledge: All students took a collective pledge to stand against gender-based violence and support each other.

##### **3. Conclusion:**

The program successfully empowered the students with courage and knowledge. It reminded them that they are not alone and that the law is there to protect their dignity and rights.



## 5. Activity: NATIONAL FARMER'S DAY (KISAN DIWAS) CELEBRATION

**Organized by:** Women Empowerment Cell (WEC)

**Venue:** TGTWRDC (Girls), Dammapeta

**Date:** 23.12.2024

### Introduction

On December 23rd, the Women Empowerment Cell (WEC) of TTWRDC (G) Dammapeta celebrated National Farmer's Day. The program was held to honor the birth anniversary of Chaudhary Charan Singh and to highlight the vital role of women in agriculture.

### Purpose of the Event

The main goal was to make students proud of their farming roots and to discuss "Gender Justice" in agriculture. Since most of our students come from tribal farming families, the WEC focused on empowering them with knowledge about women's rights in the rural economy.

### Program Activities

\*Opening Speech: Principal Smt. V. Spandana addressed the students, calling women the "backbone of Indian agriculture."

\* Awareness Session: Teachers explained that women do most of the work on farms but often don't get the credit. They discussed the importance of education for girl students to become "modern farmers" and entrepreneurs.

\* Student Competitions: Students participated in an elocution competition on the topic: "My Mother, My Hero: The Woman Farmer."

### Conclusion

The event ended with a pledge by the students to support their families and use their education to bring new technology and justice to their villages. The program successfully motivated the students to see agriculture as a field of strength and empowerment.



## 6. Activity SAVITRIBAI PHULE JAYANTI CELEBRATIONS

**Organized by: Women Empowerment Cell (WEC)**

**Institution: TGTWRDC (Girls), Dammapeta**

**Date: January 3<sup>rd</sup> 2025**

### 1. Introduction

The Women Empowerment Cell (WEC) organized a grand celebration to mark the birth anniversary of Savitribai Phule, India's first female teacher and a pioneer of women's education. The event aimed to honor her legacy and inspire our tribal girl students to pursue their dreams through education.

### 2. Event Proceedings

The program began with a Tribute Ceremony, where the Principal, Smt. V. Spandana, and WEC coordinators offered floral tributes to the portrait of Savitribai Phule.

\* Principal's Address: In her speech, the Principal highlighted the extreme challenges Savitribai Phule faced while teaching girls in the 19th century. She emphasized that the education our students receive today is a result of Savitribai's sacrifices.

\* Student Activities: To make the event interactive, the WEC conducted:

\* Elocution: Students spoke about "The Role of Savitribai Phule in Modern Education."

\* Awareness Session: The WEC coordinators discussed the importance of Gender Equality and urged students to use the facilities provided by the residential college to become self-reliant.

### 3. Key Message

The central theme of the celebration was "Education is the Great Liberator." The event reminded students that they have a responsibility to not only study well but also to uplift other girls in their native thandas and villages.

### 4. Conclusion

The celebration concluded with a Vote of Thanks and the National Anthem. The event successfully ignited a sense of pride and motivation among the students, reaffirming their commitment to their academic and personal growth.



## 7. Activity: NATIONAL GIRL CHILD DAY

**Organized by:** Women Empowerment Cell (WEC)

**Institution:** TGTWRDC (G), Dammappeta

**Date:** January 24<sup>th</sup> 2025

### 1. Objective:

To raise awareness about the rights of the girl child and to celebrate the achievements of our girl students.

### 2. Key Highlights:

\* Awareness Session: Principal Smt. V. Spandana delivered a speech on the importance of the girl child in society and the need to end gender discrimination.

\* Theme: The program focused on the theme "Empowering Girls for a Bright Future," emphasizing education and health.

\* Activities: Students participated in a Slogan Writing and Poster Presentation showcasing the success stories of Indian women icons.

\* Legal Rights: WEC coordinators discussed government schemes like Beti Bachao, Beti Padhao and legal protections for girls.

### 3. Conclusion:

The event successfully motivated students to take pride in their identity and to strive for excellence in all fields. The program ended with a pledge to support and protect the rights of every girl.



## **8. Activity: WORLD CANCER DAY AWARENESS PROGRAM**

**Organized by: Women Empowerment Cell (WEC)**

**Resource Person: Medical Officer, Gummadivalli PHC**

**Institution: TGTWRDC (Girls), Dammapeta**

**Date: February 4<sup>th</sup> 2025**

### **1. Objective:**

To observe World Cancer Day by educating students on early detection, prevention, and the importance of a healthy lifestyle.

### **2. Key Highlights:**

\* **Expert Address:** We invited the doctor from Gummadivalli PHC as the chief guest. She provided vital instructions on how to identify the early warning signs of cancer, specifically Breast and Cervical cancer.

\* **Identification Tips:** The doctor taught students the "Self-Examination" technique to identify unusual lumps or changes in the body early.

\* **Preventive Advice:** Students were instructed to maintain a balanced diet, avoid junk food, and stay physically active to reduce cancer risks.

\* **Interaction:** Principal Smt. V. Spandana and students engaged in a Q&A session with the medical team to clarify myths about the disease.

### **3. Conclusion:**

The program empowered students with the knowledge to identify symptoms at an early stage. The WEC thanked the Gummadivalli PHC team for their valuable medical guidance.



## 9. Activity: INTERNATIONAL WOMEN'S DAY CELEBRATIONS

**Organized by: Women Empowerment Cell (WEC)**

**Institution: TGTWRDC (Girls), Dammapeta**

**Date: March 7<sup>th</sup> 2025**

**2025 Theme: "For ALL Women and Girls: Rights. Equality. Empowerment."**

### 1. Objective:

To celebrate the social, economic, and cultural achievements of women and to advocate for gender equality and women's rights.

### 2. Program Highlights:

\* Inauguration: The event began with Principal Smt. V. Spandana and WEC coordinators paying tribute to iconic Indian women leaders.

\* Principal's Message: The Principal delivered an inspiring speech on the importance of financial independence and the power of education in breaking societal barriers.

\* Student Activities: Students participated in a Poster Presentation and Elocution competition highlighting the journey of women from "Grassroots to Global Leadership."

\* Special Session: A discussion was held on the theme of Accelerating Action for women's safety and digital empowerment in the modern world.

### 3. Conclusion:

The celebration concluded with the distribution of prizes to competition winners and a collective pledge by students to support each other. The event successfully fostered a sense of pride and determination among the girl students.

